

Stakeholder Feedback

April 2022 - March 2023

Statistics

From the 52 stakeholder questionnaires completed by and for young people supported by Bridges Project from April 2022 to March 2023, feedback shows that our interventions have had the following impact on young people:



92%

have increased their confidence



81%

have increased their aspirations



96%

have become more willing to try new things



83%

feel more confident about their future



88%

have increased their skills



88%

have seen a positive improvement in their wellbeing

Quote 1: Parent



"My girls love their time at Bridges. They have really settled well there and get on fantastic with the staff. They find Mhairi very easy to talk to and get on with and have been able to share their anxiety and concerns with her. They have completed a couple of workshops, which they thoroughly enjoyed too. They find the new skills they are learning and developing are really helping them in their everyday life too. Keep up the excellent work."

Quote 2: Young person



"The sessions have helped me make substantial choices about my future and helped me get back into regular life after a few years of struggling. I have noticed an increase in my confidence in both myself and in interactions with others, and I'm now actively looking forward to my future rather than dreading it."

Quote 3: Young person



"I think Bridges is an amazing place. Without Bridges I wouldn't be where I am now. I want to thank everyone who has worked with me. It really does mean the world. Don't change, Bridges. You are beyond amazing."

Quote 4: Social Worker



"Suzanne has really enjoyed her time at Bridges and the support she has received has been invaluable. She has developed a trusting relationship with Nicola through the Tenancy Award Programme, opened up to her about issues she has been experiencing, then allowing us to get appropriate supports in place as a result.

Nicola has been great at helping Suzanne think through any issues she has, giving appropriate advice and really complementing Suzanne's wider support plan.

Suzanne has been linked in with lots of other opportunities through Bridges, as her needs have developed, which has been really helpful.

Although she has some way to go, Suzanne's confidence has definitely grown since attending Bridges. Thank you for all your hard work."

Quote 5: Young person



"(Before being supported by Bridges Project) I felt kind of like lost, floating, existing in life. I felt like I had no control over myself. I didn't feel like I knew what I was doing with my life. I was just going through the motions of being alive.

(Now) I feel pretty good! I'm having a good time now, I'm thriving. I'm on the road to living my best life.

I've had someone to talk to, to help me through the hard times. I've been able to discover who I am and who I want to be. I have found a new job that I wanted to do for the rest of my life."

All the names of young people in this document have been anonymised to protect their privacy

Quote 6: Parent



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"Thank you for everything you do. Darren is a different person now with such a better attitude towards life. He's gaining more confidence every week and that's thanks to you. I appreciate you very much."

Quote 7: Guidance Teacher



"Stevie's work with Melanie has been nothing short of extraordinary. Not only has he provided her with skills, but has been someone Melanie has opened up to about her mental and emotional wellbeing, which has had such a massive impact on the support and understanding we can provide for Melanie.

Stevie goes above and beyond expectations, organising Melanie with an extremely promising work experience, looking at travel, safety online and work around substance use."

Quote 8: Pupil Support Leader



"Ewan was able to forge a relationship with Oscar really quickly despite him starting the group later than others. He attended all the sessions and is much more positive about his prospects after school. Ewan was very sensitive to Oscar's needs given the amount of things Oscar had going on in his personal life but had the perfect balance between support and challenge."

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